

Down the rabbit hole

Last week I listened to the radio and heard the drone of the many people who have died from Covid-19. I live on the West Coast and every other news story is about the ever-increasing numbers of fatalities from Covid-19.

They had just introduced the medication the guaranteed quick recovery and protection from Covid. And then the byline hit, people were having allergic reactions and were suffering a plethora of conditions, many of them fatal.

I was wondering why with all the drug companies in the world, we were segregated into taking a product that was showing a poor track record, side effects and no FDA approval. Anytime that I have a question I always look for somebody smarter than me to find the answer. I decided to call my family physician. He was retired but he's as sharp as they come. I sent him a text and he answered it with a rather interesting post. "Doctors around the world issue dire warnings do not get the Covid vaccine!" That was good information to have in your pocket. But what was I supposed to do? As far as I knew the vaccine was the only game in town.

I sent him another text. "Is there anything worth knowing about that safe and kills the covid?"

"It's called Ivermectin. Go to the feed store and buy Equimax. They use it to worm, horses, cows and dogs. Make sure it has Ivermectin in it. I'll tell you how to dose," he replied.

I zipped down to the local feed store and found a tube for \$8.00. I wasn't ready to start taking it yet until I get a lot more research. One of the things I noticed was a warning on the package. "For oral use in horses only. Do not use on humans. Keep this and all drugs out of the reach of children. Refrain from eating or smoking when handling. Wash hands after use. Avoid contact with the eyes. The material safety data sheet (MSDS) contains more detailed occupational safety information. To report adverse reaction in users to obtain more information, or to obtain an MSDS, contact the manufacturer."

I thought about what my doctor said, so I jumped on the Internet. (Yeah, I know not the best place to find factual information.) I found a white paper that was titled COVID-19 treatment guidelines.

In an interview December 8, 2020. Numerous studies have provided evidence supporting the use of Ivermectin to prevent and treat Covid-19, according to the frontline Covid-19 critical care alliance. Paul Marik, MD, FCCM, FCCP founder of the alliance and a professional and chief of the division of pulmonary and critical care medicine at Eastern Virginia medical school said that Ivermectin can "Ivermectin is a safe drug that is exceedingly cheap." In a press conference, researchers said that Ivermectin is an FDA-approved drug that has been available for approximately 40 years and previously earned researchers a Nobel prize.

For instance, Marik and colleagues noted that a randomized controlled trial in Egypt found that among healthcare and households contacted with Covid-19, just 2% of those who receive Ivermectin and wore PPE tested positive for the Corona virus, compared with 10% of contact there were only given PPE.

The article went on to say, Ivermectin is a key factor in the alliance's I-mask plus protocol and early treatment of outpatients with Covid-19. In the protocol, these are high risk for Covid-19 infections receive Ivermectin at 0.2mg/kg on day one and D3, and weekly for four weeks; those were exposed to Covid-19 receive the same dosage at D1 and then D3; in both groups receive daily doses of vitamins D3 vitamin C, quercetin, zinc, and melatonin. For early outpatients with Covid-19 the protocol is for one dose of Ivermectin at 0.2 mg/kg at day one and D3, along with the same daily vitamins and 35 mg per day of aspirin.

During the press conference, Marik said that much of the data available on Ivermectin in the treatment and prevention of Covid-19 has been published since August, which was the last time the NIH updated its recommendations for the novel coronavirus.

Marik and colleagues also described a randomized controlled trial of a hospital patients that was done concurrently with the prophylaxis study. The trial included 400 patients split into four groups - to consisting of patients with mild or moderate illness and to consisting of severely ill patients. Patients with mild to moderate illness received one dose of Ivermectin per day in addition to standard care of hydroxychloroquine twice a day in addition to standard care. The researchers determined that the rate of illness progression was slightly lower among those who receive Ivermec and (1% vs. 22%). Severely ill patients were assigned to receive standard Care Plus Ivermectin or Hydroxychloroquine. The researchers determined that in addition to lowering rates of Covid-19 illness progression in the ivermectin group (4% vs. 30%) in the ivermectin group also have lower mortality rate (4% vs. 30%), the intermittent group also had a lower mortality rate (2% vs. 20%).

"All studied shows positive benefits - the majority showed a decrease in mortality, decreases in hospitalization," Kory said.

I found a paper on antiviral research from the Royal Melbourne Hospital dated 18 March 2020. "Although several clinical trials are now underway to test possible therapies. The worldwide response to the Covid-19 outbreak has been largely limited to monitoring/containment. We report here that ivermectin, and FDA-approved anti-parasitic previously shown to have blood sermon and viral activity *in vitro*, is an inhibitor of the causative virus (SARA-Cov-2), with a single addition to Vero-hSLAM post infection with SARS-CoV2 able to affect. 5000 - fold reduction in viral RNA at 48 hours. Ivermec and therefore warrants further investigation for possible benefits in humans.

Not surprisingly there was an overwhelming amount of research to support the use of ivermectin. An FDA approved, over-the-counter, inexpensive treatment. Make your own decision but get the facts first.

Sincerely,

